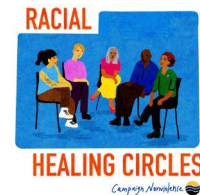
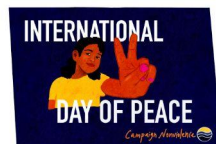
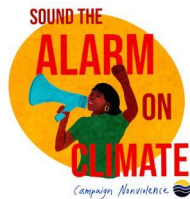


CAMPAIGN NONVIOLENCE ACTION DAYS SEPT 21-OCT 2, 2023



Campaign Nonviolence Action Days

Sept 21-Oct 2, 2023

Welcome! Here are more organizing tips for each of the calls-to-action during the Campaign Nonviolence Action Days. In addition to welcoming your plans for actions from Sept 21-Oct 2, 2023, we are inviting everyone to participate in one or some of these specific calls-to-action. Each action idea aligns with our mission to “build a culture of peace and active nonviolence, free from war, poverty, racism, and environmental destruction”. Local groups are encouraged to pick 1-3 actions. (We don’t expect you to do ALL of these.) Building on feedback from 2022, most of these calls-to-action can happen on any day between Sept 21-Oct 2. You can pick a date that works best for you and your group, while still feeling the solidarity of others taking action in similar ways. The actions have been chosen to balance constructive program, healing work, direct action, and protests. Thanks for joining in!

Option 1: Organize on one or both of these two dates:

[Sept 21st - International Day of Peace](#): Hold a peace demonstration or join your local celebration. [Learn more.](#)

[Oct 2nd - International Day of Nonviolence](#): Hold a nonviolence teach-in at your local schools, faith centers, workplaces, and/or community groups. [Learn more.](#)

Option 2: Pick an action. Choose your date. These actions can happen anytime between Sept 21-Oct 2.

[Divest From Violence, Reinvest In A Nonviolent World](#): Hold demonstrations, petition deliveries, and move-your-money actions to pressure banks, educational institutions, and city/town governments to stop investing in weapons and fossil fuels. [Learn more.](#)

[Take Action To End Violence](#): Take action to end violence, including hosting violence interruption trainings, holding healing circles around gun violence, hosting teach-ins on preventing relationship, domestic, and sexual violence; and more. [Learn more.](#)

[Racial Justice Healing Circles](#): Hold racial healing circles to encourage people to come together, share stories, and listen deeply to one another, fostering better understanding and empathy across races. [Learn more.](#)

[Acts of Kindness and Mutual Aid](#): To resist poverty, invite 10-20 people to join you in mutual aid and acts of kindness. [Learn more.](#)

[Sound the Alarm for Climate Action](#): Plan a loud and alarming protest to alert the public and power holders that the climate crisis is an emergency. Use pots-and-pans banging protests or set phone alarms to ring all at the same time. [Learn more.](#)

[Campaign Nonviolence March](#): Let's march! Organize a Campaign Nonviolence March and invite local groups to carry their banner on how they're ending violence and proposing nonviolent solutions. [Learn more.](#)

More Resources:

[General How-To's and Information About Campaign Nonviolence](#)

[Don't forget to tell us you're taking action! Send us your full action details here.](#)

[List of all actions and events happening Sept 21-Oct 2](#)

[Training Video - Everything You Need To Know About Action Days](#)

[1-Min Video w/ 2023 Calls-to-Action](#)

[How To Endorse](#) (For Organizations)

[Graphics you can download and print](#)

[Nonviolence Means ... Posters](#)

[Use the Tactic Star to think through your plan for action.](#)



Sept 21st (Thurs) International Day of Peace

On the International Day of Peace, take action to promote peace. We encourage everyone to organize an event or to join an already-planned event near you. This may include peace demonstrations, planting a peace pole, or doing creative activities with children around peace. It may also include taking action to oppose militarism and the military-industrial complex. The International Day of Peace is a time to connect the dots from the local to global.

Options For What To Do:

- Hold a candlelight vigil
- Organize a peace demonstration at a busy intersection
- Gather for peace in a local park
- Lead a peace walk for inner and global peace
- Plant or visit a peace pole
- Join a meditation or prayer for peace
- Organize an open mic or poetry slam for peace
- Hold a Peace Day teach-in at a local school
- Protest at a local office or factory of the military-industrial complex

Reach Out To:

Youth groups
Schools and universities
Faith groups and interfaith alliances
Refugees from conflict zones
Local peace & justice centers
Local chapters of peace groups like CODEPINK or World BEYOND War

Posters:

Download, print, and paste these posters onto signs: [Nonviolence Means Wage Peace](#) and [Nonviolence Means No Guns](#) and [Nonviolence Means Build Windmills Not Weapons](#).

Pro-tips:

Use the [Global Peace Index](#) to see the most peaceful/least peaceful places. For demonstrations, make a banner with a world map and put red dots on current war zones.

Invite people to join [Divest From Violence](#) actions later in the week to ask banks, cities, universities, and investors to take money out of weapons and fossil fuels. ([See what's planned](#) and [learn more](#).)

Wear [Blue Scarves for Peace](#), a symbol of solidarity requested by the Afghan Peace Volunteers.

Doves, olive branches, and peace signs are all symbols of peace. Use posters and banners, or make a street mural or sidewalk chalk drawing, to make the message visible.

Take photos, record participant stories and comments to share in press releases and social posts.

Ask a community member to write an op-ed for local news outlets about the event.

Use hashtags to connect on social media. [#IntlDayofPeace](#) [#PeaceDay](#) [#peace](#) [#peacenow](#)

Use hashtag [#CNV2023](#) so we can find and uplift your posts. Thank you.

What To Say:

You can use this in speeches or press releases, social posts or eblasts to explain the context of why you're taking action.

This action/event is part of the Campaign Nonviolence Action Days, Sept 21-Oct 2nd. In 4,000+ actions, tens of thousands of people are building a culture of peace and active nonviolence, free from war, poverty, racism, and environmental destruction. You can find out more at www.campaignnonviolence.org

The International Day of Peace is observed on September 21 around the world. On this day, we uplift the widely-held longing for peace and condemn acts of war.

[Share this specific toolkit with friends and fellow organizers.](#)

[General Organizing How-To's, Press Releases, and Information About Campaign Nonviolence](#)

[Send us your full action details here.](#)

[Find printable graphics for signs & banners here.](#)

More questions? Ask Rivera Sun: rivera@paceebene.org



Oct 2nd (Mon) Int'l Day of Nonviolence Teach-Ins

Monday, Oct 2nd is Mahatma Gandhi's birthday and the International Day of Nonviolence. On this day, connect with as many children and adults as possible to discuss, learn about, and explore nonviolence. Work with local schools to host [teach-ins](#). Use our [nonviolent campaigns coloring pages](#) in classrooms. Ask faith leaders to give sermons/talks on nonviolence. Put up our downloadable [Nonviolence Means Posters](#) around town and give a walking tour of nonviolence. Sidewalk chalk nonviolence quotes on the streets and open up conversations. The goal on this day is to "mainstream nonviolence" and bring it to as many people in your community as you can.

Get trained!

Watch the *How To Hold a Nonviolence Teach-in* training. This webinar shares how-to's, resources, and basic tips for organizing a creative and compelling teach-in on nonviolence.

[Watch here.](#)

Teach-ins To Try:

Use one or more of our [Nonviolent Action Coloring Pages](#) with people of all ages, especially young ones. Each page has a study guide and discussion questions.

Show a 30-min segment of [A Force More Powerful](#). Open a talking circle about what people noticed or learned.

Share one of the Metta Center For Nonviolence's [short animations](#) and facilitate a conversation.

Put the [Nonviolence Means Posters](#) on desks in different parts of the classroom, along with the texts from the website. Let students wander around and discuss the idea that nonviolence could mean living wages or restorative justice or ending gun violence.

Research 3 case studies on the [Global Nonviolent Action Database](#) and tell those stories in 3-5 minutes to a group.

Pass around the [Gandhi Cards](#) from the MK Gandhi Institute, form small groups, and discuss the questions on the card.

Show Erica Chenoweth's [12-min TedX Talk on Why Civil Resistance Works](#). Ask people to share what surprised or inspired them.

Make a short slide show of [Nonviolence News](#) stories this week and share them. Alternatively, give people the link and ask them to find 3 stories they can present in "Nonviolence News TV Anchor" role plays.

Pro-tips

Work with friends! You'll be happily surprised to find out how many people might enjoy talking about, sharing, and teaching nonviolence.

Schedule a training session with fellow teach-in presenters. You can practice your presentations with one another ahead of Oct 2nd.

Reach out to local schools to visit multiple classrooms in brief visits. Your teach-in doesn't have to be long. You may also involve local youth in doing the presentations.

Ask faith groups to participate. Many faith traditions include nonviolence as part of their spiritual philosophies. They can organize talks, lectures, sermons, etc. for their communities.

Have fun! The International Day of Nonviolence is a wonderful chance to celebrate and inspire. There are so many powerful stories of nonviolence to tell. There are dozens of engaging practices. There are thousands of heroes to uplift!

Posters:

Download, print, and paste these posters onto signs: [Nonviolence Means ... Nonviolent Schools](#) and the [Nonviolence Means ... Series](#).

Questions? Ask Rivera Sun, Campaign Nonviolence Coordinator: [rivera\(at\)paceebene.org](mailto:rivera(at)paceebene.org)

Don't forget to tell us you're taking action! [Sign up for Campaign Nonviolence Action Days here.](#)

What To Say:

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[Share this specific toolkit with friends and fellow organizers.](#)

**[General Organizing How-To's, Press Releases,
and Information About Campaign Nonviolence](#)**

[Send us your full action details here.](#)

[Find printable graphics for signs & banners here.](#)

More questions? Ask Rivera Sun: rivera@paceebene.org



Campaign Nonviolence 

Take Action To End Violence

Take action to end violence, including hosting violence interruption trainings, organizing neighborhood peace teams, holding healing circles around gun violence, setting up peer-to-peer teach-ins on preventing relationship, domestic, and sexual violence; and doing direct action at gun stores to stop the sale of assault rifles.

Options For What To Do:

Hold a vigil for those killed by gun violence

[Organize a nonviolent direct action at a gun shop.](#)

[Put together a violence de-escalation team.](#)

Sit-in at a public policy maker's office for gun control

Organize a school walk-out over mass shootings

Host a teach-in on art therapy or creative projects with youth impacted by gun violence

Coordinate a march or rally against violence in your neighborhood

Train your community in how to [counter harassment](#).
Encourage teens to organize conversations about [preventing dating and relationship violence](#).
[Hold a violent toys buyback or toy swap](#).

More Tactics to Try:

If you're thinking of holding a [vigil](#), consider an [artistic vigil](#), [lamentation or public mourning](#), [display of portraits](#), or use of [symbolic lights](#). You could also stage a [die-in](#), hold a [walk-out](#), or make space for survivors of gun violence to share their stories with decision makers.

Show the short video [When I Was 10](#), a poetic animation addressing the epidemic of mass shootings at schools, created by Pace e Bene/Campaign Nonviolence's Art & Media Coordinator, Rosie Davila.

Ask people you encounter throughout this day to go to [Everytown For Gun Safety](#)'s website and take action on at least one way we can help end gun violence.

Write a Letter To the Editor or short op-ed with information about relationship violence and teens. [Here's an example](#). Or [share this website](#) with young people.

Work with groups like Cure Violence, Nonviolent Peaceforce, Meta Peace Teams, and DC Peace Teams to set up a [Violence Intervention Program](#). Some of these efforts have led to a 65% (or more reduction) in incidents of gun violence.

Groups To Reach Out To:

Local chapters of March For Our Lives, Students Demand Action, Moms Demand Action, Everytown For Gun Safety, Sandy Hook Promise

[Stomp Out Bullying](#)

[Peace Over Violence](#)

Violence prevention groups like Cure Violence

Faith groups

Students and schools

Domestic violence support groups

Anti-bullying and harassment groups

Get trained! Watch the webinar: *You Can Do It! Alternative Community Safety, Peace Teams, and Nonviolence*. Eleni Christidis of the DC Peace Team offered this online training on the approachable, versatile, and effective ways you and local friends can stop violence and engage alternative safety programs rooted in active nonviolence. You will learn about peace teams, violence de-escalation, and active bystander trainings. This webinar will prepare you to bring these approaches to your local community in tangible ways. It will prepare you to take action any time, and also for joining in this Action Day. [Watch here](#).

Posters:

Download, print, and paste this poster onto signs: [Nonviolence Means Fund Community Safety Teams](#), [Nonviolence Means Ending Gun Violence](#), [Nonviolence Means No Guns](#), [Nonviolence Means Nonviolent Schools](#)

Social Posts to Share:

Use #CNV2023 on social media so we can find and uplift your posts.

Share these posts to build knowledge and awareness about alternative community safety:

Start With Hello Week's [Social Media Toolkit](#) for students and community

Cure Violence on [Safety At Protests](#) and [Violence Is Not Welcome Here](#).

Post this video on why we should [Treat Violence Like An Infectious Disease](#)

Violence Prevention is effective, [reducing incidents by 30-60%](#).

Share this animated video about [Interrupting Violence](#)

Post these [8 Basic De-Escalation Tips](#) from the DC Peace Team

Share this [podcast on Mutual Protection](#) by Kalaya' an Mendoza from Nonviolent Peaceforce.

Repost this [infographic on demilitarizing](#) the police from Oxfam.

More Resources

[Shanti Sena Network](#) - examples of existing and potential initiatives toward comprehensive, systemic transformation of community protection.

[Violence Interruption Work w/ Iesha Sekou CEO & Founder Of Street Corner Resources](#)

[How To Intervene If Someone Is Being Harassed](#): Across the United States, there's an increase in state legislatures considering and passing anti-Trans, anti-Black, and other oppressive bills. This amplifies and emboldens an atmosphere of harassment and violence in a wide array of public settings. Have you ever wondered what should you do if you witness public instances of interpersonal violence or harassment? Use American Friends Service Committee's tips to assess how to intervene while considering the safety of everyone involved. [Read more>>](#)

[How to Prevent Teen Dating Violence](#): "As a survivor of teenage dating violence, my passion is to educate children, teenagers, parents, and guardians about healthy relationships and how to have conversations about abuse. Preventing teenage dating violence is not the teenager's burden to carry—it takes a village." [Read more>>](#)

[10 Things You Can Do To Counter Islamophobia](#): There are many ways to confront anti-Muslim or anti-refugee violence in your community, from talking with your friends to supporting organizations that welcome refugees to advocating for policies to stop violence against Muslims. [Read more>>](#)

Ending Gun Violence

Gun violence is an epidemic in our communities. Learn about [these solutions](#) and use this database from [Everytown For Gun Safety](#) to find out what your state is working on and connect those demands to your actions. You can also check out the resources offered by [Sandy Hook Promise](#), and learn about some of the [educational outreach](#) they do in schools. Co-organized with [Jared's Heart of Success](#) and endorsed by [Sandy Hook Promise](#).

Resources & Suggested Actions From Sandy Hook Promise

[Sandy Hook Promise](#) is a national nonprofit organization founded and led by several family members whose loved ones were killed in the tragic mass shooting at Sandy Hook Elementary School on December 14, 2012. Here are some tools and resources they have shared with us for the Sept 30th Day of Action to End Gun Violence. (We also encourage everyone to participate in their [Start With Hello Week, Sept 18-22](#).)

1. Youth: Start or join a [Students Against Violence Everywhere \(SAVE\) Promise Club](#).
2. Educators and Youth Organizations: Bring Sandy Hook Promise's no-cost *Know the Signs Programs* to your organization. [Start With Hello](#) teaches youth how to minimize social isolation, empathize with others, and create a more inclusive and connected school culture. [Say Something](#) trains students to look for warning signs and threats – especially on social media – of someone at risk of hurting themselves or others, and how to speak up to a trusted adult before a tragedy can occur.
3. Parents and Caregivers: Review the Sandy Hook Promise [warning signs checklist](#) with your children and have discussions about what they are seeing online and who their trusted adults are. Be more informed by learning the [16 Facts About Gun Violence And School Shootings — Sandy Hook Promise](#)
4. Communities: Host a community screening of one of SHP's PSA's, including Emmy-award winner Teenage Dream, get a community conversation kit here: [Let's Talk About the New Meaning of the Teenage Dream — Sandy Hook Promise](#)
5. Explore our [Digital Library](#) with free tools for trainings.

Protest Safety Teams - Resources

Nonviolent Peaceforce shares these resources for communities to reference when building out Protest Safety Teams. These are teams that go to protests and try to reduce the threat of violence during the event. If you are working on this, these resources are invaluable!

[Community Safety Team - Workbook](#)
[Direct Protection 201: Workbook](#)
[Direct Protection 201: Prep Guide - Workbook](#)
[Situational Awareness - Video Training](#)

Groups To Connect With:

DC Peace Team ([website](#), [social media](#), [newsletter](#), [upcoming trainings](#), [resources](#))

Nonviolent Peaceforce ([website](#), [newsletter](#), [stories](#), [resources](#))
Meta Peace Teams ([website](#), [trainings](#), [regional hubs](#))
Cure Violence ([website](#), [social media](#), [resources](#), [newsletter](#))

What To Say:

You can use this in speeches or press releases, social posts or eblasts to explain the context of why you're taking action.

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[Share this specific toolkit with friends and fellow organizers.](#)

[General Organizing How-To's, Press Releases, and Information About Campaign Nonviolence](#)

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More questions? Ask Rivera Sun: rivera@paceebene.org

RACIAL



HEALING CIRCLES

Campaign Nonviolence 

Racial Justice Healing Circles

Hold *racial healing circles* to encourage people to come together, share stories, and listen deeply to one another, fostering better understanding and empathy across races. Scale up by inviting power holders from local offices, institutions, businesses; take it a step deeper and reach out to people who are not usually at the table. Reach out to BIPOC organizations,

diversity committees, migrant rights organizations, groups working to stop anti-Asian hate, Indigenous groups, and so forth.

Options For What To Do:

Host [Racial Healing Circles](#)

Host an interfaith panel discussion on the themes of diversity, healing and reconciliation.

Ask faith leaders to address racial healing in sermons and talks

Use a whiteboard, chalkboard wall or poster board with the words, “I will promote racial healing by...” at the top and ask people to fill in their ideas.

Hold a visioning exercise to imagine “a community beyond racism”.

Reach Out To:

Racial Justice groups (like Black Lives Matter, Movement For Black Lives, Dream Defenders, Asian-American Pacific Islander organizations, Indigenous Rights groups)

Migrant justice, refugees, and asylum seekers organizations

Ally Groups (like Showing Up For Racial Justice)

Organizations working to counter hate, bullying, and discrimination

Faith groups

Get Trained!

Camille Bennett of [Project Say Something](#) joined Campaign Nonviolence to share how she’s been using listening circles as part of racial healing work. She guides you through how they work, how to organize them, and how to skillfully facilitate them. [Watch here>>](#)

Pro-Tips:

[Use these toolkits](#) to bring racial healing to schools, libraries, and children and youth events; company or local business sector, foundations & nonprofits, and healthcare settings; public offices, and more.

Consider learning about and sharing tools from these resources on healing racial trauma:

[The Four Bodies: A Holistic Toolkit for Coping with Racial Trauma](#)

[BLM Meditation for Healing Racial Trauma](#)

[BLM Emotional and Physical Safety in Protests](#)

[How to Cope with Racial Battle Fatigue: 6 Tools to Try](#)

Take photos, record participant stories and comments to share in press releases and social posts.

Ask a community member to write an op-ed for local news outlets about the event.

Use hashtags to connect on social media. [#racialjustice](#) [#blm](#) [#endracism](#)

Use hashtag #CNV2023 so we can find and uplift your posts. Thank you.

Posters:

Download, print, and paste these posters onto signs: [Nonviolence Means Racial Justice](#).

What To Say:

You can use this in speeches or press releases, social posts or eblasts to explain the context of why you're taking action.

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www.campaignnonviolence.org

More From Our *Nonviolence Means Racial Justice* Poster:

Racism is violence. Whether it is overt and physical (like lynchings and police brutality) or less visible and systemic (like disproportionate health outcomes or underfunded schools), racism is a form of violence. At a time when the word “nonviolence” is misused by power holders to control the righteous outrage of people of color, our definition of nonviolence must include challenging those who uphold and support structures and systems of racism. Nonviolence means taking a clear look at ourselves, our choices, the organizations and institutions we work with, and the communities to which we belong, and striving to end racism in all its forms. It means holding powerholders accountable and participating in movements for racial justice, as organizers, participants, or allies.

Nonviolence means supporting the solutions proposed by people of color and actively working to help them succeed. Nonviolence is embodied in demands to #DefundPolice and fund social responders and mental health services. Nonviolence is found in efforts to deconstruct the mass incarceration system and the school-to-prison pipeline, and implement restorative justice in its place. Reparations are a form of nonviolence. Anti-racist trainings are a form of nonviolence. Nonviolence requires action, not passivity. It demands that the violence of systemic, structural, physical, cultural, and environmental racism is dismantled. It requires us to celebrate and support the alternatives and solutions proposed by people of color, until the rights and dignity of people of all races are equally upheld and honored.

[General Organizing How-To's, Press Releases, and Information About Campaign Nonviolence](#)

[Send us your full action details here.](#)

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Acts of Kindness & Mutual Aid

To resist poverty, invite 10-20 people to join you in mutual aid and acts of kindness. Restock a Little Free Pantry or a community fridge. Collect toys for a toy library. If you have a local tool library, do a tool and appliances drive in your neighborhood or church group. Contribute to a mutual aid fund and ask others to do the same. To address the upstream causes, take a photo during your action and send a message to the businesses that we need living wages, affordable housing, and other forms of economic justice. You can also identify major rental companies and send messages around affordable housing. #SolidarityNotCharity

Options For What To Do:

Participate (or instigate) a Pay-it-Forward action
Uplift small acts of kindness & tell their stories
Distribute food to your community
Restock a Little Free Pantry or Fridge
Organize a tool share
Hold a toy swap
Share food with Food Not Bombs
Coordinate a Neighborhood Potluck in a local park
Ask people to contribute to your local mutual aid fund
Take a photo of your action and send it to public officials to call for living wages

Reach Out To:

[Mutual Aid Hub](#)

Student groups

Churches

Food banks

[Food Not Bombs](#)

[Lasagna Love](#)

Living wage campaigns

Anti-poverty groups

Pro-tips:

Join the [Campaign Nonviolence Youth Collective](#) in lifting up small acts of kindness throughout your community. Participate (or instigate) a Pay-it-Forward action like buying a cup of coffee for the person behind you in line. Share these stories on social media to amplify them and encourage others to join in. [Watch their video for more ideas.](#)

Think outside the box. Mutual aid can take a thousand forms. Watch this short video about how the [Campaign Nonviolence Youth Collective engaged in mutual aid this year.](#)

Find a mutual aid group near you by using the [Mutual Aid Hub's map.](#)

Launch a mutual aid network that can continue to take action. [Find out more here.](#)

Hook up with a [Food Not Bombs](#) group and share food with an anti-war message. Most of these groups already have a weekly or monthly food sharing event planned.

Amplify your action by taking photos and sending a message to local officials or businesses calling for living wages, debt relief, affordable housing and more.

Ask a community member to write an op-ed for local news outlets about the event.

Use hashtags to connect on social media. #mutualaid #endpoverty #livingwage

Use hashtag #CNV2023 so we can find and uplift your posts. Thank you.

Posters:

Download, print, and paste these posters onto signs: [Nonviolence Means Mutual Aid](#),
[Nonviolence Means Housing For All & Living Wages](#)

What To Say:

You can use this in speeches or press releases, social posts or eblasts to explain the context of why you're taking action.

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www.campaignnonviolence.org

We are holding this mutual aid action to stop poverty, which Gandhi called “the worst form of violence”. By meeting people’s basic needs with solidarity, not charity, we seek to empower our friends and neighbors together. From small acts of kindness to large-scale disaster relief efforts, mutual aid has a long history of supporting people, movements, and communities.

More From Our *Nonviolence Means Mutual Aid* Poster:

Emphasizing solidarity rather than charity, mutual aid networks are how people stand together with other people to meet basic needs. A network might provide food, medical care, housing, disaster relief, direct action support, tools, knowledge, and more. In the wake of the COVID-19 pandemic, these networks erupted across the United States, helping displaced university students move back home, supporting workers who got sick, assisting families threatened by eviction, handing out masks and hand sanitizer, and more. Mutual aid is about building new social bonds where people give what they can and get what they need, outside of unjust or unequal systems. It is the spirit of the action as much as the deed that makes mutual aid a revolutionary act and a cornerstone of nonviolent resistance.

[Share this specific toolkit with friends and fellow organizers.](#)

[General Organizing How-To's, Press Releases,
and Information About Campaign Nonviolence](#)

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SOUND THE

ALARM



ON

CLIMATE

Campaign Nonviolence



Sound the Alarm For Climate Action

“The temperature is rising ... and so are we.” Plan a loud and alarming protest to alert the public and power holders that the climate crisis is an emergency. Use pots-and-pans banging protests or set phone alarms to ring all at the same time during a city council meeting or utility meeting. Pair your alarm action with a citizen’s declaration of a climate emergency. Students can use phone alarms in class, followed by a student walkout as part of Fridays For the Future School Strike.

Options for What To Do:

Plan a time for everyone's cell phones at work or school to go off.

Hold a pots-and-pans banging protest.

Attend a meeting at your public utility and let your cell alarms go off at a certain time.

Hold a student walkout and use your alarms as the call to go.

Bring an air raid siren to the city council meeting before you ask them to declare a climate emergency.

Ring bells and blow whistles outside fossil fuel financing banks.

Make some noise at the local farmers market to disrupt business-as-usual.

Or take your action to businesses and shopping malls.

Make a racket in your neighborhood and hand out fliers.

Hold a bell-ringing, prayerful "alarm" at your faith community.

Note: Although thematic, please do NOT pull fire alarms, as this could lead to confusion in the event of that kind of emergency. Thank you for understanding.

Reach Out To:

Fridays For the Future

350.org

Schools, Students & Educators

Student groups

Extinction Rebellion

Fossil Free

Transition Network

Bike To Work/School groups

Local Solar & Renewable Energy Companies

Pro Tips:

Combine your "Sound the Alarm" action with a concrete demand, i.e. an action step you want the school, city, businesses, utility, or community to take.

Ask some friends to hold signs that say "Sounding the Alarm For Climate Action" so that people know why the loud noises are happening. You can also prepare leaflets to hand out.

Find out if your city/county/state has declared a [climate emergency](#), and how to make it happen if they haven't.

Ask [businesses to declare a climate emergency](#) and related steps they can take.

Find tools and resources around divestment in our [Divest From Violence Toolkit](#).

Ask someone to take a video and put it on social media - they can even livestream if they wish.

Ask a community member to write an op-ed for local news outlets about the event.

Use hashtags to connect on social media. #climate #climatecrisis #SoundtheAlarm #climateemergency

Use hashtag #CNV2023 so we can find and uplift your posts. Thank you.

Posters:

Download, print, and paste these posters onto signs: [Nonviolence Means ... Build Windmills, Not Weapons](#), [Nonviolence Means ... Invest In Renewables](#), [Nonviolence Means ... Protect the Watershed](#)

What To Say:

You can use this in speeches or press releases, social posts or eblasts to explain the context of why you're taking action.

This action/event is part of the Campaign Nonviolence Action Days, Sept 21-Oct 2nd. In 4,000+ places, tens of thousands of people are taking action to build a culture of peace and active nonviolence, free from war, poverty, racism, and environmental destruction.

www.campaignnonviolence.org

We face an unprecedented crisis. The climate crisis has already displaced millions of people from their homes due to superstorms, floods, rising sea levels, droughts, fires, and more. If we do not stop using fossil fuels, the future of humanity - and thousands of other species - is at stake. Violence toward the Earth in the forms of oil and gas use, extractive mining, toxic waste, pollution, and destruction of ecosystems can no longer continue. We must practice *nonviolence* toward the Earth in the forms of renewable energy, conservation, regenerative practices, and much more. Now is the time to be alarmed about this emergency. We sound the alarm on the climate crisis so everyone knows it is time to take immediate action.

[Share this specific toolkit with friends and fellow organizers.](#)

[General Organizing How-To's, Press Releases, and Information About Campaign Nonviolence](#)

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Divest From Violence

Take action to stop money from going into industries that manufacture violence, including guns, weapons, nukes, prisons, and fossil fuels. Plan an action at a bank, public office, or university to ask them to move their money out of violence. These toolkits and databases ([weapons](#), [nukes](#) and [fossil fuels](#)) can help identify how groups can get their [city](#), [school](#), bank, or pension fund to divest from violence and invest in a different future. Join forces and amplify voices with other divestment groups. Mobilize a joint action at a location, delivering a petition or letter calling for the institution to divest from violence.

Get trained!

Watch the [Divest From Violence, Reinvest In a Just World Training](#). This webinar brings together divestment organizers from fossil fuel and weapons divestment campaigns. Helpful at any time, this training is also designed to help YOU prepare for action in September. Led by DivestEd, CODEPINK, and World BEYOND War. [Watch here](#).

Want more info? Watch a [Divest From the War Machine webinar](#) here.

You can also watch [this video](#) that Divest Ed and students worked together on. It explains the wider goals of the fossil fuel divestment movement.

Step 1: Do Your Research

Use the [Weapons Free Funds](#) database to see if your 401(k), retirement plan, or personal portfolio is invested in weapons manufacturing.

Use this [Global Fossil Fuel Divestment](#) database to find out if your university or bank has divested from fossil fuels.

Use the [Fossil Free Funds](#) database to see if your 401(k), retirement plan, or personal portfolio is invested in fossil fuels.

Download the [Banking on Climate Chaos](#) report and explore all of the data here.

Use this [Don't Bank on the Bomb](#) database to find out if your bank is profiting from nukes.

Use this [Don't Bank on the Bomb](#) database to find out if your bank has divested.

Read [Why Divesting From Nukes Makes Sense](#) to get talking points you can use.

Step 2: Make a Plan

Check out these [pro-tips to working on nuclear divestment](#) from ICAN.

Learn from [Divest from the War Machine's Guide](#) to weapons divestment.

Check out this guide to [Personal Divestment](#) from nuclear weapons.

Explore how to [Get Your City To Divest](#) from nukes.

Dig into the [stories, tools, and strategies for weapons divestment](#) from World BEYOND War.

Here's a [sample resolution for a city council](#) (or other government) on weapons divestment.

Step 3: Take Action

Note: You can adapt these sample scripts to urge decision makers to divest from weapons, nukes, guns, fossil fuels, prison and detention centers, etc. all at once.

Copy or adapt ICAN's [Sample Letter To Banks for Nuclear Divestment](#) for emails or letters.

Use ICAN's [call script to ask for nuclear divestment](#).

Repost these [social posts targeting nuclear weapons manufacturers](#).

Share this [1-min animation](#) on why nuclear divestment matters.

Hold a rally outside a bank, university, investment group, or city hall.

Deliver a letter or petition calling for divestment from violence.

Reach Out To:

Many groups are working on divestment campaigns. This Action Day is a chance to reach across our issues and take action together. Connect with climate activists, anti-militarism campaigns, peace activists, prison abolitionists, anti-nuke activists, youth and elders, senior citizens, and more.

Posters:

Download, print, and paste these posters onto signs: [Nonviolence Means Build Windmills Not Weapons](#), [Nonviolence Means Invest In Renewables](#), [Divest From Fossil Fuels](#)

Tactics To Try:

If organizing multi-site demonstrations, make giant banners that read: DIVEST FROM VIOLENCE to link your actions together.

Hold signs that specifically name what kind of violence the institution or bank is invested in.

Do a [Creative Petition Delivery](#) in costume, with giant props, a drum group or a brass band.

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It's time to divest from violence of all kinds. We call upon our banks, colleges, faith groups, businesses, and investment companies to move their money out of nuclear weapons, fossil fuels, guns, weapons, and detention centers. Profiting from violence is not acceptable. We urge these groups to reinvest their funds in sustainable, just solutions.

More From Our *Nonviolence Means Divestment* Poster

Practicing nonviolence toward the Earth and shifting away from the highly-destructive, climate-crisis causing fossil fuels is one of the most critical shifts for humanity to make in the next decade. By moving our money out of fossil fuels and into renewable energy, we can escalate the transition. Divestment campaigns pressure universities, city funds, major wealth holders, retirement and investment companies, and more to stop financing the massive destruction of the Earth. We can practice nonviolence by making sure our money is supporting life-affirming, sustainable, regenerative, and renewable energy.

More From Our *Nonviolence Means Build Windmills, Not Weapons* Poster

It's time to defund war and violence, and invest in peace, sustainability, and nonviolence. Instead of building weapons, we need to build windmills (or solar panels). Rather than pouring trillions of dollars into the US military (the single-largest polluter on the planet), we need to fund climate solutions that help everyone live more safely. National security can only truly be found in nonviolent means of equality, justice, peace, and sustainability.

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Campaign Nonviolence March

Let's march! Organize a Campaign Nonviolence March and invite local groups to carry their banner on how they're ending violence and proposing nonviolent solutions. This may include groups working to end gun violence, abolish nuclear weapons, teach NVC and conflict skills in schools, implement restorative justice, stop fossil fuel pipelines, shut down toxic factories, ensure living wages, and more. This is a time to bring together the many people working on each piece of the puzzle. Reach out and invite them all.

Options For What To Do:

- Hold a march with local groups
- Plan a rally with speakers from each group
- Organize a roadside protest with a hub from each local group
- Have a vegetarian potluck together afterward

Reach Out To:

Nonviolence groups and trainers
Peace & Justice Centers
Anti-nuke groups
Moms Demand Action or other anti-gun violence groups
Nonviolent Communication trainers
Restorative Work networks
Living wage campaigns
Housing Justice groups
Climate Justice groups
Divestment groups
Racial justice groups
Faith centers
Domestic violence prevention groups
Violence Prevention Teams or Peace Teams
Conflict resolution and mediation networks and trainers
Food Not Bombs
And more!

Pro-tips:

Use our very detailed [Campaign Nonviolence Toolkit](#) that includes press releases, training suggestions, march coordination tips, and much more.

If you have mobility-impaired members, hold a protest, rally, or demonstration instead.

Take photos, record participant stories and comments to share in press releases and social posts.

Ask a community member to write an op-ed for local news outlets about the event.

Use hashtags to connect on social media. #nonviolence #InternationalDayofNonviolence #wagepeace #nonviolentsolutions

Use hashtag #CNV2023 so we can find and uplift your posts. Thank you.

Posters:

Download, print, and paste these [Nonviolence Means ...](#) posters onto signs:

[Nonviolence Means ... Everyone Is Welcome Here](#)
[Nonviolence Means ... Wage Peace](#)
[Nonviolence Means ... Racial Justice](#)
[Nonviolence Means ... No Guns](#)
[Nonviolence Means ... Build Windmills Not Weapons](#)

[Nonviolence Means ... Healing Trauma](#)
[Nonviolence Means ... Nonviolent Schools](#)
[Nonviolence Means ... Ending Sexism & Homophobia](#)
[Nonviolence Means ... Defund Police](#)
[Nonviolence Means ... Restorative Justice](#)
[Nonviolence Means ... Housing Justice & Living Wages](#)
[Nonviolence Means ... Divest From Fossil Fuels, Invest In Renewables](#)
[Nonviolence Means ... Ending Gun Violence](#)
[Nonviolence Means ... Mutual Aid](#)
[Nonviolence Means ... Protecting Our Watershed](#)

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